

November

Millburn Classroom Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 "Say" Cheese Sandwich -V Vegetable of the Day Fresh Fruit Milk	3 NO SCHOOL	4 Crispy Chicken Salad Vegetable of the Day Raisins/Cranberries Milk	5 Turkey Ranch Roll-Up Vegetable of the Day Chilled Cupped Fruit Milk	6 Bean & Cheese Dip with Nacho Chips—V Vegetable of the Day Fresh Fruit Milk
9 Cheese Sticks - V Tortilla Chips Salsa Vegetable of the Day Fresh Fruit Milk	10 Crispy Ranch Chicken Salad Vegetable of the Day Chilled Cupped Fruit Milk	11 Sun Butter & Jelly Wrap—V Vegetable of the Day Raisins/Cranberries Milk	12 Turkey and Cheese Sandwich Vegetable of the Day Chilled Cupped Fruit Milk	13 Pizza Munchable with Cheese & Marinara —V Vegetable of the Day Fresh Fruit Milk
16 Cheddar Cheese Stick-V Goldfish Pretzels Hard Boiled Egg Vegetable of the Day Fresh Fruit Milk	17 Crispy Chicken Roll-Up Vegetable of the Day Chilled Cupped Fruit Milk	18 "Say" Cheese Sandwich -V Vegetable of the Day Raisins/Cranberries Milk	19 Chef Salad w/Whole Grain Pita Vegetable of the Day Chilled Cupped Fruit Milk	20 Turkey & Cheese Sub Vegetable of the Day Fresh Fruit Milk
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL THANKSGIVING	27 NO SCHOOL
30 "Say" Cheese Sandwich -V Vegetable of the Day Fresh Fruit Milk				

FREE MEALS
To All Children
18 and Under

Included with Every Meal
Fruit and Vegetable
1% or Fat-Free Milk

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.

- Arbor A+ Nutrition Mission**
To serve students daily:
- ✓ A wide variety of fresh, nutrient rich foods
 - ✓ Fresh fruits and vegetables, locally sourced as seasonally available
 - ✓ Cage free poultry with no added hormones or steroids
 - ✓ Fresh whole and multigrain bread, buns and baked goods
 - ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ~Arbor Management~*

Make Choices for a Healthy Lifestyle!



 For more information or to "Ask the Dietitian", check out our website!